



Religious Tours (अमरनाथ The Lord Shiva Darshan)

-----*(A Unit of Religious Tour and Travel)*-----

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Essential Tips for Amarnath Yatra Prepare for a Safe Journey

This sacred pilgrimage takes devotees to the Amarnath Cave, where the naturally formed ice Shiva Lingam symbolizes Lord Shiva, the destroyer and regenerator in Hindu mythology. Located in the breathtaking mountains of Jammu and Kashmir, this pilgrimage is not just a test of faith but also of endurance, both physically and mentally. Undertaking the Amarnath Pilgrimage is a dream for millions of devotees, but it requires thorough preparation and understanding of what lies ahead. Whether you are a first-time pilgrim or someone who has been on this spiritual journey before, knowing the Essential Tips for Amarnath Yatra can make your experience more fulfilling and safer.

Essential Tips for Amarnath Yatra to know before planning

Discover Essential tips for Amarnath Yatra a memorable and safe journey. Get travel advice, health guidelines, and packing essentials for a smooth pilgrimage.

Best vacation packages

1. Medical Certificate (CHC), Pilgrims will arrange by own city. The Pilgrims through helicopter pilgrimage, Without Compulsory health certificate (CHC)/ Medicals, pilgrims not permitted to go for darshan.
2. Pilgrims opting for trekking packages must submit a medical form and obtain a registration pass, which is sufficient for participation in the Amarnath Pilgrimage.
3. Those with a trekking registration pass are required to report to the Chandanwari / Baltal gate on the specified date of registration.
4. All pilgrims should have RFID card.
5. Every Registered Yatri must collect his/her Unique RFID Card from any of the centres established in Jammu/ Kashmir divisions after successful E-KYC based biometric authentication before embarking on the yatra.
6. There is an age restriction for the pilgrimage: only individuals between 13 and 70 years old are eligible.
7. Those below 13 years or above 70 years are not permitted to undertake the Amarnath darshan.
8. Pregnant lady more than 06 weeks not permitted to go for darshan.
9. To prepare for the journey, it is advisable to walk 4-5 km daily, consult a doctor, practice deep breathing exercises, and stay hydrated by drinking plenty of water.
10. Amarnath cave is situated at altitude of 12756 ft. so Oxygen level very less over there, pilgrim's



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advice that they carry oxygen pouch for own safety.

11. Pilgrims have problem of Sugar, Ashthama, High blood Pressure, Heart Attack / Bi-pass surgery or any other type of patient should be avoiding to go Amarnath yatra.
12. Pilgrims Should carry Woolen cloth/ Leather Jacket/ Good quality trekking shoe/ Rain coat/ Umbrella/ torch etc.
13. In Kashmir Prepaid sim not working, there work postpaid sim or pilgrims has buy local sim over there. (BSNL/ AIRTEL) good.
14. Pilgrims come for Amarnath yatra on own risk, for any damage/loss due to terrorist attack, curfew, war, Natural Disasters or any other reason Our Agency will not responsible.
15. Pilgrims come to Jammu from own city and coming to Srinagar suggest to should come by flight only, if they travel by road and will get delay to reach Srinagar due to land slide/ Attack or due to any security purpose, our agency will not be responsible and will not change any plan and service.
16. No show, No Refund
17. For those choosing helicopter packages, Religious Tour and Travel is responsible only for arranging helicopter tickets. We do not play any other role in the process.
18. The helicopter company will handle boarding, de-boarding, and any necessary rescheduling or cancellations due to bad weather, rain, or other factors.
19. In the event of a helicopter cancellation, pilgrims must collect the refund for the helicopter ticket directly from the helicopter counter or ensure their ticket is stamped for future use.
20. Stamped ticket email to helicopter agency and do in CC/BCC to our **email id-** shreeamarnathyatra@gmail.com for confirmation and getting refund by airline company.
21. Pilgrims should read our terms & condition and our cancellation policy from our website
22. Pilgrims booking tour packages with Our Tour Agency, must agree to our all terms and conditions policy and should not deny later.
23. These details are for The Pilgrims Has Booking Tour packages with Religious Tour and Travel.
24. The Amarnath Pilgrimage holy cave is situated at the altitude of 12756 ft., so Oxygen level is very low over there. weather is not always good, rain problem, mountains cold air blow, weather problem, health issue. So, To Pilgrims advice the read the details and bring important thing during your pilgrimage for pilgrims' safety.
25. Above point are all about important things to know before intending for Amarnath Pilgrimage.